

Cook together, learn together

A two-hour course for anyone with a learning disability to help them learn to cook and improve their health.

FREE

Taking place in Hextable on the following days:

- Wednesday 24 July 11am
- Saturday 10 August 11am

To book your place, visit www.sevenoaks.gov.uk/loseweight or call us on 01732 227000.



Dartford, Gravesham & Swanley
Health and Care Partnership

**Sevenoaks**
DISTRICT COUNCIL