

## **KCC Community Warden: Jackie West**

Please find below some of the support services available to residents in our community.

### **Kent Together**

KCC's 24 Hour Helpline

Provide support to vulnerable people in Kent who need urgent help, supplies or medication.

This is also the place to report your concerns about the welfare of someone else.

03000 41 92 92

### **Release The Pressure**

A 24-hour free, confidential support for those requiring Mental Health support.

0800 107 0160

Or text the word "Kent" to 85258

### **24 Hour Kent Dementia Helpline**

A confidential service offering support and guidance for people with Dementia and their carers.

0800 500 3014

### **ADSS**

Kent's biggest independent charity dedicated to providing support to people affected by dementia.

01474 533990

### **Imago**

Delivers a range of services designed to support and empower those most vulnerable in our communities.

0300 011 1965

### **Community Cupboard – West Kingsdown**

Support local communities with food provisions and sign posting to supports.

07526 823122

### **Age UK - Gravesend**

Provide independent living services e.g., Shopping, cleaning, befriending, daily meal service.

01474 564898

### **The Cottage Community - Fawkham**

Provide a hot meal service, day care service and day trips.

01322 668106

### **Crossroads**

Catering for Carers and the people they care for.

03450 956 701

### **New Ash Green Lunch Club**

Provide a once weekly hot meal.

01474 702760

### **New Ash Green Citizens Advice Clinic**

Appointments on Thursday mornings to be booked in advance.

0808 278 7810

### **Live Well Kent**

Supporting Kent residents over 17 with their mental and physical health.

0800 567 7699

For further information or support please do not hesitate to contact me.



**COMMUNITY  
WARDENS**

**Jackie West**

KCC Community Warden

[jackie.west@kent.gov.uk](mailto:jackie.west@kent.gov.uk)

07811 271259